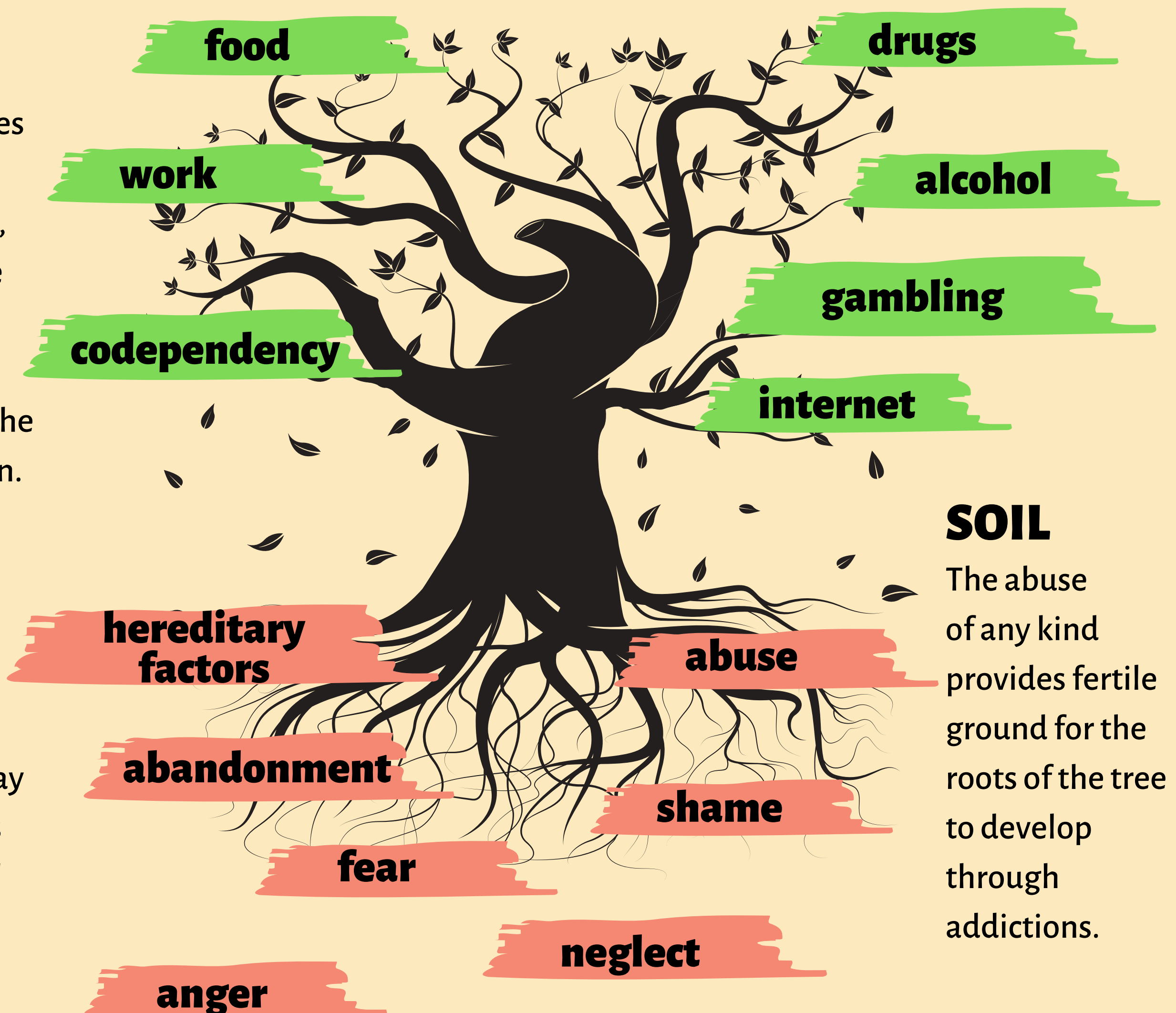


# THE TREE OF ADDICTIONS

Think of every addiction as a different branch of a tree. The trees have roots and the roots -if they find fertile ground- create addictions...

## BRANCHES

There are many types of addictions (behaviours, events, experiences, people and substances), depending on the temperament and the culture of the person.



## ROOTS

Different people may have different roots (or combinations of roots) for the same addiction.

## SOIL

The abuse of any kind provides fertile ground for the roots of the tree to develop through addictions.

Cutting the branches of a tree does not solve the problem. The tree will get new branches. But if we focus on the roots and on the soil, there is hope...